

AGN. NO. \_\_\_\_\_

MOTION BY MAYOR MICHAEL D. ANTONOVICH

SEPTEMBER 29, 2015

**BREAST CANCER AWARENESS MONTH – OCTOBER 2015**

October is “*Breast Cancer Awareness Month*”. In 2015, an estimated 231,840 women are expected to be diagnosed with invasive breast cancer, and an estimated 40,290 will die from the disease. According to 2012 mortality data for Los Angeles County, breast cancer was the second-leading cause of premature death for women, and 1,170 succumbed to the disease. Of note, the death rate among black women (31 deaths per 100,000 females) was substantially higher than the overall county rate (21 deaths per 100,000 females).

The Board of Supervisors proclaims the month of October as “*Breast Cancer Awareness Month*” to encourage women to follow recommended guidelines for breast cancer screening and follow up; know their family history of breast cancer; maintain a healthy weight; eat a healthy diet rich in vegetables, fruits, and whole grains; make time to be physically active every day with their children, partner, pet, friends, or on their own; and limit alcohol consumption.

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**MOTION**

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RIDLEY-THOMAS \_\_\_\_\_

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For women with insurance, screening mammography is a covered preventive service. Uninsured women may obtain information on free and low-cost health screenings (including breast exams and mammograms) plus other health resources by calling the Office of Women's Health Hotline at 1-800-793-8090.

On Saturday, October 17, the Los Angeles County Department of Public Health - Office of Women's Health is coordinating a county team for the Second Annual *Making Strides Against Breast Cancer LA* walk, hosted by the American Cancer Society. This event will be held at NOKIA Plaza at L.A. Live. Proceeds will support breast cancer research, comprehensive support for those touched by breast cancer, and education and prevention efforts toward reducing breast cancer risk. The participation of County employees in this event will be invaluable in showing support and helping to fight breast cancer, which affects so many in Los Angeles County.

**I, THEREFORE, MOVE** that the Board of Supervisors proclaim the month of October 2015 as "*Breast Cancer Awareness Month*" throughout the County of Los Angeles, and encourage County employees to support and participate in the *Making Strides Against Breast Cancer LA* walk to be held on October 17, 2015.

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